



ICSB Reading List 2007

Classics

Dr. A. T. Still
Philosophy of Osteopathy. Kirksville. American
Academy of Osteopathy, Ohio, 1986

Dr. A. T. Still
Osteopathy, research and practice. Eastland
Press, 1992

William Garner Sutherland
Contributions of Thought
Published 1971

William Garner Sutherland
Teachings in the Science of Osteopathy
Published 1990

William Garner Sutherland
The Cranial Bowl
Published 1994

H.I. Magoun
Osteopathy in the Cranial Field
First edition 1951

R.E. Becker
Life in Motion
Published 2001

R.E. Becker
The Stillness of Live
Published 2000

N. Handoll
Anatomy of Potency
Published 2000

Ada Sutherland
With Thinking Fingers
Published 1962

R.C. Fulford
Dr. Fulford's Touch of Life

R. Paul Lee D.O.
Interface: Mechanisms of Spirit in Osteopathy

Biodynamics

Franklyn Sills
Craniosacral Biodynamics Volume I & II
North Atlantic Books

Michael J. Shea
Biodynamic Craniosacral Therapy
North Atlantic Books

Michael Kern
Wisdom in the Body, the craniosacral
approach to essential health
North Atlantic Books

Roger Gilchrist
Craniosacral Therapy and the Energetic Body:
An Overview of Craniosacral Biodynamics
North Atlantic Books, 2006

Charles Ridley
Stillness: Biodynamic Cranial Practice and the
Evolution of Consciousness
North Atlantic Books, 2006

Biomechanics

Dr. John Upledger
Craniosacral Therapy, Books I – III
North Atlantic Books

H. Milne
The Heart of Listening,
North Atlantic Books,

Leon Chaitow
Cranial Manipulation Theory and Practice.
Osseous and Soft Tissue Approaches
Churchill Livingstone



In the field

Lynn McTaggart
The Field
Harper Collins, 2001

Fritjof Capra
The Web of Life: A New Scientific
Understanding of Living Systems
Anchor Books

Mae Wan Ho
The Rainbow and the Worm
World Scientific, 1998

Bruce Lipton
The Biology of Belief
Mountain of Love, 2005

James Oschman
Energy Medicine
Churchill Livingstone, 2000

Alfred Pischinger
Matrix and Matrix Regulation
Editions Haug, 1991

Alfred Pischinger & Hartmut Heine
Extracellular Matrix and Ground Regulation:
Basis for a Holistic Biological Medicine
North Atlantic Books, 2007

Joseph Chilton Pearce
The Biology of Transcendence: A Blueprint of
the Human Spirit
Park Street Press, 2004

Shunryo Suzuki
Zen Mind, Beginners Mind

Peter Levine
Waking the tiger – Trauma Resolution

Babette Rothschild
- The Body Remembers.
The Psychophysiology of Trauma and Trauma
Treatment
- Help for the Helper. The Psychophysiology of
Compassion Fatigue and Vicarious Trauma
(Norton Professional Books)

Daniel Golemann
Social Intelligence

Anatomy

Netter
Atlas of human anatomy

Sobotta
Atlas of human anatomy

Tortora
Anatomy and physiology

Coloring books
- human anatomy
- physiology
- neurology

Gerard J. Tortora, Bryan Derrickson
Principles of Anatomy and Physiology
John Wiley and Sons (WIE)

Embryology

Erich Blechschmidt
- Ontogenetic Basis of Human Anatomy: The
Biodynamic Approach to Development from
Conception to Birth
- Beginnings of Human Life
- Biokinetics and Biodynamics of Human
Differentiation: Principles and Applications

Guus van der Bie, Embryology
Louis Bolk Institute

Alexander Tsiaras, Barry Werth
From conception to birth: a life unfolds

Lennard Nilsson
The Miracle of Life

John Upledger
A brain is born

Netter
Atlas of Human Embryology

Keith L. Moore, The developing Human,
clinically oriented embryology



Pre- and perinatal Therapy

V.-M. Fryman
The Trauma of Birth

Harry Oxorn
Human Labour and Birth

Patricia McKinsey Crittenden, The organization
of Attachment Relationships, maturation,
culture and context

Daniel Siegel
- The developing mind
- Parenting from inside out

Sue Gerhard
Why Love Matters: How Affection Shapes a
Baby's Brain, 2004

Michel Odent
- The Scientification of Love, 1999
- Primal Health: Understanding the Critical
Period Between Conception and the First
Birthday, 2002
- The Caesarian, 2004
- Birth and Breastfeeding: Rediscovering the
Needs of Women During Pregnancy and
Childbirth, 2007

To order with

www.amazon.com
www.amazon.de

www.northatlanticbooks.com

USA: www.cranialacademy.org

Netherlands: www.satas.be

UK: osteopathic supplies: www.o-s-l.com

Germany: Jolandos Verlag: www.jolandos.de

Germany: www.amazon.de